



Talk About Fresh!

CEFM's Newsletter
Chelan Evening Farmer's Market

Learn more about CEFM by visiting us at
www.chelanfarmersmarket.org

Could this be the future of farming?

By Lars Clausen, CEFM board member

BACK TO EDEN, filmed in 2011, is a movie about Sequim gardener Paul Gautschi. (Watch it free at <http://www.backtoedenfilm.com/>) It has been viewed millions of times around the world. I visited Paul in Sequim this summer and he has stories from all kinds of people who are loving this method of gardening. It's way easier than weeding bare ground. Far less water is required because the chips act like a sponge, storing and releasing water as needed. And once the chips start decomposing they provide nutrition for the plants. I don't see any drawbacks. At least for small scale farming and gardening, this seems like a great solution.

I decided to try Paul's technique this year. I covered my garden area with six to ten inches of wood chips from the recycle center, let them winter over and added compost this spring before planting.

This year I grew more cantaloupes than weeds. During the 90 degree temperatures this summer I still watered only every two to three weeks. Most of the plants grew fabulously, with the exception of potatoes (I hilled them with chips, which started to compost and the heat killed the potato plants! I replanted and the new potatoes look much better.) And very few weeds all through the season. I have a fifteen by fifteen foot area with black beans in and I've counted the weeds I've pulled from that section - so far forty-three weeds.

This was my first season with a chip garden. I'm already looking forward to next season and trying it



Lars at his experimental garden with a days harvest

again. It's the most interesting garden I've ever grown. Drive by and take a look if you wish, its here in Chelan on the corner of Navarre and Okanogan.

Whats Fresh

This week at the market you will find tomatoes, zucchinis, flowers, herbs, onions, greens of all kinds, salad mix, arugula, romaine lettuce, apricots, nectarines, peaches, strawberries, raspberries, blueberries, cherries, melons, eggplant, corn, radishes, and tons more vegetables, fruit wines, salsa, cheesecakes, hummus, fresh lemonades and fruit waters, all types of baked goods, burritos, tamales, Pan Asian cuisine, handcrafted cheeses, local crafts & more!



Who is playing at the stage for Music at the Market this week?

We are please to have **Greg Johnston** scheduled again this week to play our market stage.

Greg seems to be our rainy-day musician. He played at our market in early August when we had the first rain, thunder & lightning our market has had in our 3 yr history. We invited Greg to come back. Last week when he played for us, and that crazy storm just missed our market by 2 hrs...phew! With this weeks forecast, maybe Greg can entertain us and keep the rain at bay until after the end of market...Lets hope!

Our Music at the Market series is supported in part by [Chelan Chamber of Commerce](#). Visit our website at www.chelanfarmersmarket.org or email our market master Sherry Palmiter at manager@chelanfarmersmarket.org for more information.

Thursday



Overcast with a chance of a thunderstorm and rain showers. High of 73F. Winds from the NW at 5 to 10 mph. Chance of rain 90% with rainfall amounts near 0.3 in. possible.

Thursday Night



Overcast with a chance of a thunderstorm and rain showers. Low of 57F. Winds from the WNW at 5 to 10 mph. Chance of rain 90% with rainfall amounts near 0.6 in. possible.

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