

From: **Chelan Evening Farmers Market** manager@chelanfarmersmarket.org  
Subject: Talk About Fresh 9/24/2015  
Date: September 23, 2015 at 11:00 AM  
To: sherry@salmonberrydesigns.com

CE

Like



## Whats Fresh

All our able farmers are bringing great produce to share. Some of the items include basil, garlic, onions, fresh ground flours, heirloom tomatoes, strawberries, pears, corn, zucchini & other summer and fall squash, farm fresh eggs & organic chicken. You can always enjoy pies, scones, cookies, breads & loads of other delicious baked goods, salsa, apple & cherry cider, lemonade & tea, flowers, plants, local honey, local wine, local jams & jellies, local crafts and much more

---

## Market Day Forecast

Partly sunny, with a high near 74. Calm wind becoming south around 6 mph in the afternoon.

I just love the fall, and this forecast is set to be a beautiful day at the market. Only 1 more market after this one left to enjoy.

You can hear us every Thursday morning on KOZI.  
This week we are on at 8:45am

### Thursday



Partly Sunny

**High: 74 °F**



## Music at the Market Series

This week we have **Matt Carlton** playing at the market. If you haven't had the pleasure of hearing Matt, come on down, you won't be disappointed!

As always we thank the [Historic Downtown Chelan Assoc.](#) and its members, and [Lake Chelan Chamber of Commerce](#) who proudly help to sponsor our Music at the Market Series.

---

## Recipe of the Week

### Roasted Grape Chutney

*Serve rustic Roasted Grape Chutney as an appetizer on a soft white cheese, such as brie, or to accompany roasted poultry or meats.*

#### Ingredients

- \* 1 cup seedless red grapes, halved
- \* 1 cup seedless green grapes, halved
- \* 1 tablespoon olive oil
- \* 1 tablespoon red wine vinegar
- \* 1 teaspoon dried thyme
- \* 1/2 teaspoon kosher salt
- \* 1/4 teaspoon pepper

#### Directions

Preheat oven to 425°. Stir together all ingredients. Spread grape mixture on an aluminum foil-lined baking sheet. Bake 20 minutes or until grapes begin to shrivel. Remove from oven, and let cool 30 minutes. Store in refrigerator up to 3



days.

---



*Mark your calendars! The Historic Downtown Chelan Association is hosting the 1st Annual Harvest Fest celebration at Riverwalk Park downtown Chelan on Friday, September 25th—Saturday, September 26, 2015. Harvest Fest is a local, family-fun, annual event that brings together our community and truly celebrates our valley's incredible harvest season and unique community heritage. A Harvest Dinner, small-town carnival, live music and more!*

---

## Save the Date!

The poster for the 2015 Apple Festival has a dark red header with the text "2015 APPLE FESTIVAL" in white, bold, sans-serif font. Below the header, the date and time "October 1st 4pm - 6pm" are listed in a bold, dark blue font, followed by the location "Riverwalk Park" in a smaller, dark blue font. To the left of the text are two small red apple icons. Below the date and time, the words "Crafts" and "Live Music" are listed in a dark red font, each preceded by a small red apple icon. On the right side of the poster is a large, detailed image of a golden-brown lattice pie with a blue ribbon award in the bottom right corner.

**2015 APPLE FESTIVAL**

**October 1st**  
**4pm - 6pm**  
Riverwalk Park

 Crafts  
 Live Music



**Join us at our final market day of the 2015 season.** Chelan Evening Farmers Market's local farmers & producers, crafters & community are all invited to help celebrate one of our local stars, the **APPLE!**

Enter YOUR best Apple pie for a chance to win the \$100 first prize!

*Bring pies to the market by 4pm to enter.*

Learn more at [www.chelanfarmersmarket.org](http://www.chelanfarmersmarket.org)



*Lots of people have put all sorts of meaning into this years eclipse, click the photo to take a look if your interested*

## **Earth & Space**

*News from a weather geek*

### **Sunday's lunar eclipse will also feature a 'Supermoon'**

Mark your calendars for Sept. 27-28. Scientists say that's when a supermoon lunar eclipse will rule the sky for the first time in 30 years.

It hasn't happened in 32 years, and won't for another 18 years: Sunday evening, a total lunar eclipse will coincide with a "Supermoon."

A lunar eclipse occurs when the Earth is between the full moon and the sun.

The Earth's shadow covers the moon, which often has a red color, hence the "blood" moon nickname.

Although it's completely in the shadow of Earth, a bit of reddish sunlight still reaches the moon.

"That red light shining onto the moon is sunlight that has skimmed and bent through Earth's atmosphere: that is, from all the sunrises and sunsets that ring the world at any given moment," according to Alan MacRobert of Sky and Telescope magazine.

The total eclipse will start at 10:11 p.m. EDT (7:11 p.m. PDT) Sunday evening and will last one hour and 12 minutes. It will be visible across North and South America, Europe, Africa, and parts of West Asia and the eastern Pacific, NASA said.

Weather permitting, folks in the eastern half of North America can watch every stage of the eclipse, from beginning to end of the partial phases, with the moon mostly high in the sky, Sky and Telescope reports.

In the West, the first partial stage of the eclipse will already be in progress when the moon rises in the east around sunset. Maybe it will look extra big?

You don't need special glasses or gizmos to view it, unlike a solar eclipse, so feel free to stare directly at the moon. Binoculars or a telescope would improve the view.

---

## Friends-of-the-Market

### What is the best way to have vibrant community farmers markets?

By making your purchases from local farmers/crafters each week.

If you want to do more to make this a market you can *be proud of*, consider becoming a **Friend-of-the-Market**.

Learn more about this program at the market booth located at the front of the



market.

## Friends of the Market:

*Look for this sticker on windows of your favorite businesses and people*

**Mike Sherer** – Shererwood Forest Farms

**Dave & Mary Weldy** – [Culinary Apple](#)

**HDCA** & their members

**Jordana LaPorte** – [LaPorte Financial Alliance](#)

**Chelan Fresh**

**SalmonBerry Designs**

**Sunshine Market** and *Chelan Red Apple Market*



*Chelan Evening Farmers Market would like to thank NCB for their continued support. They are our major sponsor.*



©2015 Chelan Evening Farmers Market | Chelan WA | Major Sponsorship Provided by  
North Cascades Bank

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by [Mad Mimi®](#)  
A GoDaddy® company