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## Talk About Fresh!

**CEFM's Newsletter**  
Chelan Evening Farmer's Market

Learn more about CEFM by visiting us at  
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### Bark in the Park a success!



The best fashion co winner was Elizabeth (Beth) Drake with Butterfly the Shi Tzu. The other co winner was Willa Canary with Bonnie the Sheltie.

The best trick winner was Barb Snow with Frazier the Terrier mix.

The Smellathon raffle winner is Marki Topping with Joey the pug mix. I attached a photo of her with the Wenatchee Valley Humane Society gift basket.

## Whats Fresh

This week at the market you will find apricots, strawberries, cherries, greens of all kinds, salad mix, arugula, spinach, redleaf lettuce, greenleaf lettuce, romaine lettuce, Italian kale, curly kale, basil, red beets, golden beets, herbs, flowers, lemonade, plant starts, wood-fire baked pizza, hummus, all types of baked goods, hotdogs, flowers, locally roasted coffee, Orn's delicious Pad Thai Sauce, Thai iced tea, & more!



### Did you know...

Started in Egypt over 5,000 year ago with the beginning of agriculture as farmers organized ways to get their food to buyers.

Farmer markets in the United States continue the tradition started in Europe of farmers driving horse-drawn wagons to towns and selling directly to the residents of the communities.

The city of Boston started the first farmer market nearly 400 years ago, back in 1634.

Philadelphia had the best planned markets in the colonies. They started in 1693, opening twice a week along the main thoroughfare in town.

The biggest farmers market in the world? Tokyo, Japan with over 1700 stalls at the market.

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