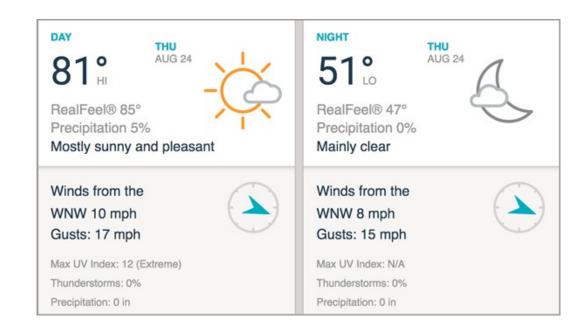


August 24, 2017 • Market 14

## **Whats Fresh**

This week you can expect apricots, blueberries, peaches, nectarines, watermelons, loads of greens, corn, tomatoes, onions, garlic, chicken and quail eggs, honey, baked goods, green beans, summer squashes, eggplant, all grown by local farmers. Local crafters, food producers and more bring their offerings to share, with you, our neighbors and visitors.

# The Forecast for Market Day



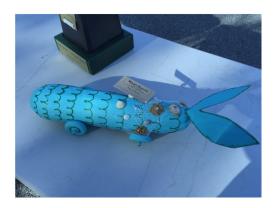


## Music at the Market Series

**Band Duo Gypsy** is a two piece band playing classic rock and blues. Iryna Burns keyboards and vocals Bob Burns guitar and vocals They are from Twisp

As always we thank the Historic Downtown Chelan Assoc. and its members who proudly help to sponsor our Music at the Market Series.





2016 Show-n-Shine Winner~Main Street Gallery

## 6th Annual Great Zucchini Races

## September 7th • 4:30-6pm

Chelan Thursday Evening Farmers Market along with North Cascades Bank bring you another year of Great Zucchini racing.

Grow your own Zucchini Race car! Race it at the Chelan Evening Farmers Market. Build your racer at the Farmer's Market and race it with friends, family, and neighbors. Everyone can participate, everyone's a winner, and it's completely FREE.

Local businesses & organizations compete in a Show-n-Shine for the best Race Car designs, bragging rights and a year with the coveted Trophy. You won't want to miss this yearly fun family-friendly event!

A BIG SHOUT OUT to Sunshine Market for their support in providing us not only the Zucchinis for the races next week, but also for getting us zucchinis for the race that was originally scheduled on August 10th. YOU ROCK!



## Recipe of the Week

### **Sweet & Sour Squash Salad**

This salad always goes over real well with all ages, and it's a good way to get kids to eat squash.

Servings: 6

### Ingredients

- \* 3/4 cup sugar
- \* 1/2 cup cider vinegar
- \* 1/4 cup olive oil
- \* 2 tablespoons ranch salad dressing mix
- \* 1/4 to 1/2 teaspoon pepper
- \* 1/8 teaspoon salt
- \* 2 medium zucchini, thinly sliced
- \* 2 medium yellow summer squash, thinly sliced
- \* 2 celery ribs, chopped
- \* 1 cup chopped red onion
- \* 1/2 cup chopped green pepper
- \* 1/2 cup chopped sweet red pepper

#### **Directions**

- 1. For dressing, whisk first six ingredients until sugar is dissolved. Place vegetables in a large bowl; toss with dressing.
- 2. Refrigerate, covered, until cold. Serve with a slotted spoon.

### Do you have a favorite recipe?

We'd love to post it in our newsletter! Just email it to us with a photo and we will share it.



# **Children's Story Time**

**Back by popular demand!** Drop in with Jennifer from the Chelan Public Library from 4:30 - 5:30 for Storytime at the Market. Grab a bumper quilt and listen to stories, poetry with movement, rhymes and rhythms while learning early literacy skills.



# **Additional Vendor Space Available**

We have expanded our market to include more vendor spaces for all; crafters, prepared foods, farmers & other non-farmer booths. Visit our website to learn more.



## Free Gardening Advice

Chelan county is blessed with folks who love to grow plants. This year, we welcome back the Master Gardeners Pam & Patty, every week at the Market's Information Booth. So bring in your wilted leaves and those unidentifiable critters munching wildly in your yard and see what the Master Gardeners have to say.



## Friends-of-the-Market

## What is the best way to have vibrant community farmers markets?

By making your purchases from local farmers/crafters each week.

If you want to do more to make this a market you can *be proud of*, consider becoming a **Friend-of-the-Market**.

Learn more about this program at the market booth located at the front of the market.

### 2017 Friends of the Market:

Look for this sticker on windows of your favorite businesses and people

**NCB** 

**HDCA** & their members

**Lake Chelan Chamber of Commerce** 

**Chelan Fresh** 

**Shot of Gratitude** 

**Sunshine Market** 



Chelan Evening Farmers Market would like to thank NCB for their continued support. They are our major sponsor.



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