

Like



Talk About...

Fresh!

Chelan Evening Farmers Market
eNewsletter



Whats Fresh

This week you can expect cherries, loads of greens, garlic scapes, green onions, chicken and quail eggs, honey, baked goods, fresh krauts, plant starts, all grown by local farmers. Local crafters, food producers and more bring their offerings to share, with you and your neighbors.



Cherry Pit-Spit Contest

July 6th 4:30-6:00pm

Come and spit in public and not be ridiculed! Each participant will receive a limited addition Cherry Pit-Spit pin (*while supplies last*), and bragging rights to the longest distance in 4 categories.

Sponsored again for the 3rd year by Chelan Fresh.



Music at the Market Series

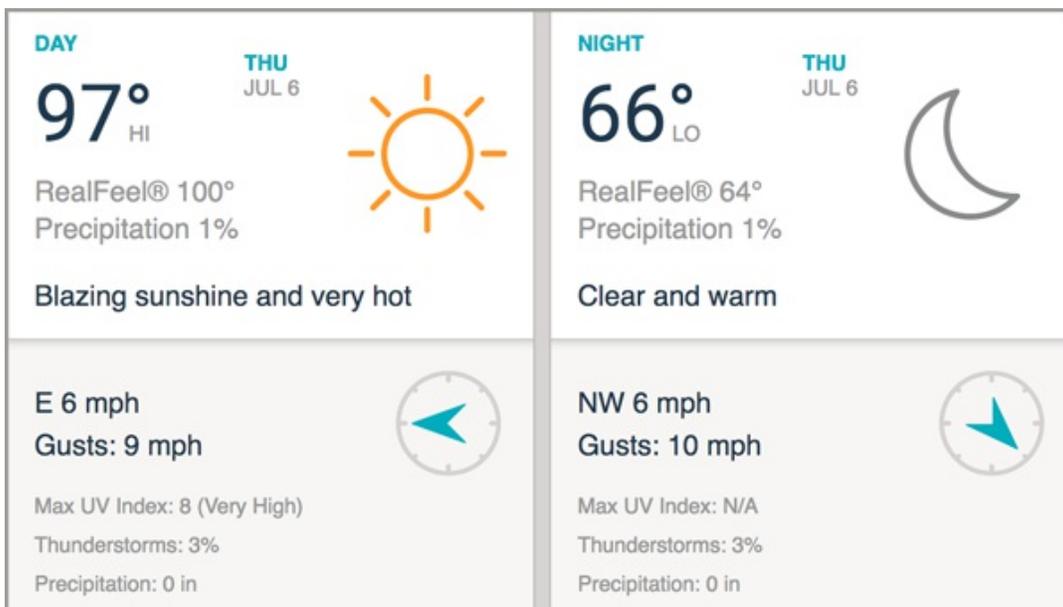
Greg Johnston Greg is a singer/guitarist, who covers the music he loved as a young man. Greg strive to present family-friendly, happy entertainment.

As always we thank the [Historic Downtown Chelan Assoc.](#) and its members who proudly help to sponsor our Music at the Market Series.

The Forecast for Market Day

Its going to be a HOT one, so make sure to stay hydrated, take breaks in the shade and get wet to bring down your temperature!

I'll be armed all day with water cannons to "help the cause".



Recipe of the Week

Fruit Salad with Fennel, Watercress, and Smoked Salt

Feel free to adapt this fruit salad as the seasons change; aim for a mix of juicy fruit (like melon), stone fruit, and berries.

Serves 4

Ingredients

Vinaigrette

- * ¼ cup olive oil
- * 1 tablespoon fresh lemon juice
- * ¼ teaspoon smoked or flaky sea salt

Salad

- * ¼ small honeydew melon, rind removed, very thinly sliced
- * 1 pluot (plum-apricot cross) or plum, sliced into thin wedges
- * ½ cup halved pitted fresh cherries
- * ½ cup unseasoned rice vinegar
- * ½ small fennel bulb, thinly sliced
- * 1 cup torn frisée (Endive)
- * 1 cup trimmed watercress
- * 2 medium ruby red grapefruits, peel and white pith removed, flesh sliced into ¼-inch-thick rounds
- * Smoked or flaky sea salt
- * Freshly ground black pepper

Directions

Vinaigrette

Whisk oil, lemon juice, and salt in a small bowl to combine; set aside.

Salad

1. Toss melon, pluot (plum-apricot cross), cherries, and vinegar in medium bowl. Let sit, tossing occasionally, until fruit is lightly pickled, 10–15 minutes; drain.
2. Toss fennel, frisée (endive), and watercress with half of vinaigrette in a large bowl. Arrange grapefruits on a serving platter; sprinkle with smoked salt. Top with pickled fruit and scatter dressed fennel salad over.
3. Serve salad drizzled with remaining lemon vinaigrette and sprinkled with smoked salt and pepper.

This recipe originally posted at [bon appétit](#)

Do you have a favorite recipe?

We'd love to post it in our newsletter! Just [email](#) it to us with a photo and we will

share it.



Children's Story Time

Back by popular demand! Drop in with Jennifer from the Chelan Public Library from 4:30 - 5:30 for Storytime at the Market. Grab a bumper quilt and listen to stories, poetry with movement, rhymes and rhythms while learning early literacy skills.



Additional Vendor Space Available

We have expanded our market to include more vendor spaces for all; crafters, prepared foods, farmers & other non-farmer booths. Visit our [website](#) to learn more.



Free gardening advice

Chelan county is blessed with folks who love to grow plants. This year, we welcome back the Master Gardeners Pam & Patty, every week at the Market's Information Booth. So bring in your wilted leaves and those unidentifiable critters munching wildly in your yard and see what the Master Gardeners have to say.



Friends-of-the-Market

What is the best way to have vibrant community farmers markets?

By making your purchases from local farmers/crafters each week.

If you want to do more to make this a market you can *be proud of*, consider becoming a **Friend-of-the-Market**.

Learn more about this program at the market booth located at the front of the market.

2017 Friends of the Market:

Look for this sticker on windows of your favorite businesses and people

NCB

HDCA & their members

Chelan Fresh

Shot of Gratitude



North Cascades Bank

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Chelan Evening Farmers Market would like to thank NCB for their continued support. They are our major sponsor.



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