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Talk About Fresh!

CEFM's Newsletter
Chelan Evening Farmer's Market

Learn more about CEFM by visiting us at
www.chelanfarmersmarket.org

Whats Fresh

This week at the market you will find apples, tomatoes, late summer & fall squashes, flowers, herbs, onions, greens of all kinds, salad mix, lettuce, nectarines, peaches, strawberries, raspberries, pears, melons, eggplant, corn, radishes, and tons more vegetables, wine, salsa, cheesecakes, hummus, fresh lemonades and fruit waters, all types of baked goods, burritos, tamales, PanAsian cuisine, handcrafted cheeses, local crafts & more!



Who is playing at the stage for Music at the Market this week?

ALL THAT DJAZZ, featuring CherylAnn Crego (vocals), Mike Bills (guitar), Maren Noyes (bass) and Ron Clark (mandolin). They call their style "*Hot Club Jazz*" -- there's a bit of Gypsy Django influence overlaying their take on classic jazz standards. They perform from **5 till 7**.

But wait, there's more!

Opening the show from **4 till 5** will be the **UkuLadies** --sisters Naomi & Sophia Ellingson performing folk & pop on their...ummm, what instrument do you suppose?

Our Music at the Market series is supported in part by [Chelan Chamber of Commerce](#).

Visit our website at www.chelanfarmersmarket.org or email our market master Sherry Palmiter at manager@chelanfarmersmarket.org for more information.



October 3rd

4pm - 7pm

Don't miss our biggest event of the year and our last market of the 2013 season.

While you shop from the always amazing food and crafts from our vendors, come down to do an apple tasting and discover your favorite, listen to the lovely music of Chelan's own **Olivia de la Cruz**, watch the apple pie judging (after which slices will be sold to raise money for local charities), Enjoy the gorgeous fall weather in the lovely park setting of our market.



More details to come!



Take Some Time This Week for Peace and Gratitude!

Observed each year on September 21st, **World Peace Day**, *also known as*

International Day of Peace, is defined by a commitment to the end of war and violence and marked by efforts that may include even a brief, symbolic global ceasefire in combat zones.

Falling on the same date, September 21st, **World Gratitude Day** was conceived in 1965 at a Thanksgiving dinner at Hawaii's International East-West Center. Delegates and high-ranking officials from a dozen countries in attendance reportedly pledged to commemorate the event and sentiment.

So what can you do to take your own steps toward peace and gratitude on September 21st? While world peace is undeniably a profound concept, the ingredients of peace on a global scale start with tolerance and understanding at home. And even more than simple tolerance, gratitude for the richness of the diverse faiths and cultures that surround us in our schools, workplaces, and communities is a personal effort toward a world without war and violence.

Happy day!



On that note...

I am grateful to our vendors who have decided to keep showing up each week as our summer season comes to a close. As you can imagine, our market traffic slows down once the tourists head home, just as the rest of town does. I myself, always welcome this time cause it tends to bring out the locals, and they stay, enjoy and it truly becomes a social event as much as a

market. Since YOU keep showing up, your neighbors will continue to show up and bring their beautiful bounty to share.



End of the Season Vendor Party

This year's end-of-the-season vendor party has been **rescheduled to Thursday October 10th** based on vendor availability. Invitations will go out early next week with more details. We LOVE our vendors and we want to make sure they feel it!