

From: **Chelan Evening Farmers Market** manager@chelanfarmersmarket.org
Subject: Talk About Fresh 9/10/2015
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To: manager@chelanfarmersmarket.org

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Like



Whats Fresh

All our able farmers are bringing great produce to share. Some of the items include basil, garlic, onions, fresh ground flours, green beans, early heirloom tomatoes, strawberries, blueberries, peaches, nectarines, corn, zucchini & other summer squash, farm fresh eggs & organic chicken. You can always enjoy pies, scones, cookies, breads & loads of other delicious baked goods, salsa, apple & cherry cider, lemonade & tea, flowers, plants, local honey, local wine, local jams & jellies, local crafts and much more

Show your support by buying local and helping your neighbors!

You can learn more about other ways to help at <http://www.cfncw.org>

Thursday



Sunny

The Forecast for Market Day

Sunny, with a high near 83. Northwest wind 5 to 7 mph becoming northeast in the morning.

You can hear us every Thursday morning on KOZI. This week we are on at 9:00am.

High: 83 °F

Music at the Market Series

Dan Quigley plays for us at the market this Thursday. Dan opened our market and is one of the vendor favorites. Come down and enjoy!



As always we thank the [Historic Downtown Chelan Assoc.](#) and its members, and [Chelan Chamber of Commerce](#) who proudly help to sponsor our Music at the Market Series.



Earth & Space

News from a weather geek

Godzilla El Niño Versus The BLOB: Who Will Win?

Cliff Mass Weather Blog

The Match-Up

On one hand, one of the strongest El Niños in decades is developing, the Godzilla El Niño. NOAA is so sure about its effects this winter that it is going for a 90% chance of a strong El Niño, which would make the Northwest warmer than normal, slightly drier than normal, with roughly 20-30% less snowpack than normal in the mountains.

El Niños are associated with warmer than normal water in the central/eastern tropical Pacific and along our immediate coast.

Then there is the BLOB, the name affectionately given to an area of warm over the northeast Pacific. There is strong evidence that the BLOB has warmed surface temperatures over the Northwest by 2-4C over the past year, contributing to our record high temperatures and lack of snow.

Together, will they destroy Northwest snow and normal weather? Bring another torrid winter in our region? Terminate our ski industry?

I suspect I know what will happen.

They will NOT combine forces. They will fight, and one will win.

Godzilla

Just like in the movies, Godzilla will become our ally. And it makes sense that the mighty Godzilla will prevail.

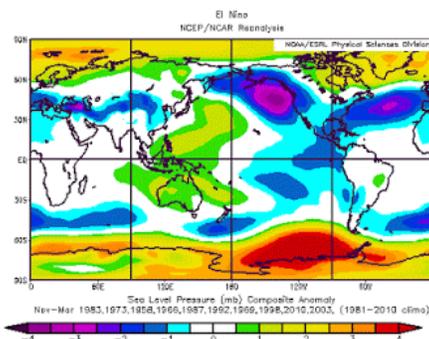


Let me tell you why.

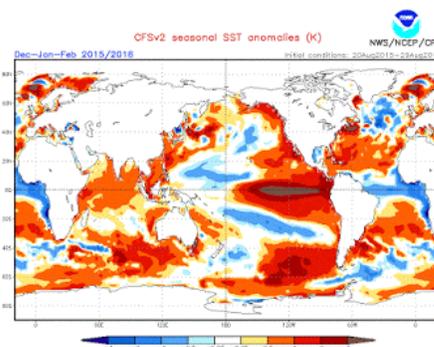
The BLOB, as documented in a nice paper by State Climatologist Nick Bond and colleagues was the stepchild of a huge area of high pressure along and east of the West Coast of the U.S. High pressure resulted in less wind and mixing of the upper ocean layers, leading to reducing mixing of cooler sub-surface water to the surface. Thus, the ocean surface was warmer than normal.

The anomalous high pressure also resulted in less movement of cooler Pacific waters from the north. Weaker cold advection in technical terms. The BLOB is warm.

But now El Niño is forming...and not just any El Niño...a SUPER GODZILLA El Niño. The warm waters over the central and eastern tropical Pacific associated with El Niño have a big impact on the global atmosphere, alternating the global circulation. Let me show you.



Here is the typical sea level pressure anomaly associated with El Niño (the difference of pressure from normal). Pressures are LOWER THAN



What do our latest seasonal forecast models predict? Let me show you. Here is the predicted sea surface temperatures for this winter. A narrow zone

NORMAL over the eastern Pacific (purple colors). A BLOB KILLER. Why? Because it is exactly opposite of the pattern that produced the BLOB--- high pressure in the same area.

of warm water immediately off our coast (which is typical of El Ninos), but no BLOB. In fact, cooler than normal waters offshore. You can see the very warm water over the central and eastern tropical Pacific...a sign of a powerful El Nino.



And there are other signs in the sky that suggest my hypothesis is correct....

We are already seeing evidence of these changes. The water in the central Pacific is cooling. The ridge of high pressure over us has weakened and high pressure has established itself over the central Pacific. Precipitation is increasing over our area.

The BLOB is vulnerable. And I believe that Godzilla El Niño will destroy it. Nature is cruel.

What does that mean for our weather?

A strong El Niño bring modestly warmer than normal temperatures, with a snowpack about 20% below normal. Much better than last winter. The correlation with Northwest precipitation is weak. Less lowland snow and fewer major storms. Enhanced precipitation over southern/central California.

In short, far more normal conditions than the weird weather we have experienced during the last year. Our region should rejoice in Godzilla El Niño's strength. But deep down we will be sad for the vanquished BLOB.

Recipe of the Week

Creamy Cantaloupe Pops

I make these delicious pops when the melons are ripening quickly in our cantaloupe patch.

Ingredients

- * 1-1/2 cups cubed cantaloupe
- * 1 cup heavy whipping cream
- * 1/2 cup sugar
- * 8 Popsicle molds or plastic cups (3 ounces)



* 8 Popsicle sticks

Directions

1. Place cantaloupe in a blender. Cover and process until smooth; set aside. In a small saucepan, combine the cream and sugar. Cook and stir over low heat until sugar is dissolved. Remove from the heat.
2. Stir in pureed cantaloupe. Pour 1/4 cup into each mold; insert the Popsicle sticks. Freeze until firm.

Just wanted to give a shout out to our friend and vendor **Linda Harvey of Harvey's Humbles**. Take good care of yourself over the next few weeks. We look forward to seeing you at the end of the season vendor party!



Free gardening advice

Chelan county is blessed with folks who love to grow plants. This year, we welcome back the Master Gardeners Pam & Patty, every week at the Market's Information Booth. So bring in your wilted leaves and those unidentifiable critters munching wildly in your yard and see what the Master Gardeners have to say.

Children's Story Time!

The Chelan Public Library brings Story Time to each and every market this season. From 4:30 -6pm, Jennifer, our creative and animated reader from the Chelan Library invites you to share in the fun. All ages.



Friends-of-the-Market

What is the best way to have



vibrant community farmers markets?

By making your purchases from local farmers/crafters each week.

If you want to do more to make this a market you can *be proud of*, consider becoming a **Friend-of-the-Market**.

Learn more about this program at the market booth located at the front of the market.

Friends of the Market:

Look for this sticker on windows of your favorite businesses and people

Mike Sherer – Shererwood Forest Farms

Dave & Mary Weldy – [Culinary Apple](#)

HDCA & their members

Jordana LaPorte – [LaPorte Financial Alliance](#)

Chelan Fresh

SalmonBerry Designs

Sunshine Market and *Chelan Red Apple Market*



Division of Glacier Bank

Chelan Evening Farmers Market would like to thank NCB for their continued support. They are our major sponsor.



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