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Talk About Fresh!

CEFM's Newsletter
Chelan Evening Farmer's Market

Learn more about CEFM by visiting us at
www.chelanfarmersmarket.org

Chelan Evening Farmers Market celebrates the 4th of July in style

Come join us before the fireworks!

Great weather, great vendors, great local food, great music, something for the whole family... need we say more!?

Our Music at the Markets kicks off in a big way with [The Kevin Jones Band](#). They being at 4pm. Come down and join us for a fun filled day at the market.

Our Music at the Market series is supported in part by [Chelan Chamber of Commerce](#).

This week the Music at the Market is also sponsored by Lucky Sage Bread and the [Riverwalk Inn](#).



Whats Fresh

This week at the market you will find plant starts, flowers, herbs, onions, greens of all kinds, salad mix, arugula, romaine lettuce, strawberries, raspberries, cherries, peaches, tons more vegetables, fruit wines, salsa, cheesecakes, hummus, fresh lemonades and fruit waters, all types of baked goods, burritos, Æbleskivers, handcrafted cheeses, local crafts & more!



This week is set to be our largest market to date

With more farmers, more prepared food, more craft vendors, and more market visitors, we are



expecting our largest market ever. Thanks to all those who sell at the market, support and visit the market, thanks to our strong and engaged market board, as always a big thanks to NCNB for their continued sponsorship and support, and thanks to all of YOU!

We together make this market an event to enjoy and be proud of!

Just geeking-out a bit

Growing degree days (GDD), also called growing degree units (GDUs), are a heuristic tool in phenology. GDD are a measure of heat accumulation used by horticulturists, gardeners, and farmers to predict plant and pest development rates such as the date that a flower will bloom or a crop reach maturity.

In the absence of extreme conditions such as unseasonal drought or disease, plants grow in a cumulative stepwise manner which is strongly influenced by the ambient temperature. Growing degree days take aspects of local weather into account and allow gardeners to predict (or, in greenhouses, even to control) the plants' pace toward maturity.

Growing degrees (GDs) is defined as the number of temperature degrees above a certain threshold base temperature, which varies among crop species. The base temperature is that temperature below which plant growth is zero. GDs are calculated each day as maximum temperature plus the minimum temperature divided by 2 (or the mean temperature), minus the base temperature. GDUs are accumulated by adding each day's GDs contribution as the season progresses... **you still with me?**



What does all this mean to you?

Its hot and that means the GDD is progressing and we get more produce to enjoy! Come out and see what our local bounty has to offer you this week!

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